

ESC-TEAM VOLUNTEERING PROJECT IN LUXEMBOURG



FROM SOLIDARITY TO ACTION

ARRIVAL DAYS (FIRST THREE DAYS)

Think of these days as a warm-up before the adventure really begins. We'll get to know one another, discover how things work, and prepare together for the exciting journey ahead.

MAKING A DIFFERENCE (SECOND - THIRD WEEK)

Time to step into action! You'll join a motivated and supportive team and take part in activities in different settings. By helping out and engaging with others, you'll contribute to meaningful work that brings positivity, solidarity and plenty of shared moments.

DIY FUN (FOURTH WEEK)

Now it's your turn to take the lead! You'll design, plan and run activities yourself. Whether it's a treasure hunt, a creative workshop or a fun challenge, this week is all about your ideas and initiative.

So, bring your creativity, embrace the adventure, and let's create unforgettable memories together!



SERVICE NATIONAL DE LA JEUNESSE (SNJ)

LUXEMBOURGISH NATIONAL YOUTH SERVICE

Our field of action is that of **non-formal education**, which includes all educational activities organised outside of the formal school system. We cater to many young people as well as to people who do educational work with children and young people. The voluntary service is one of many programmes that we coordinate.

SUPERVISION AND TRAINING GUARANTEED!

We coach young volunteers in the context of their missions.

Good preparation and individual follow-up are the key to a successful mission! They benefit from a series of training courses and support before, during and even beyond their voluntary service. **Some trainings are compulsory**, others are not, but in any case they are all free of charge.

ABOUT US

THE PROJECT



THE MAIN FOCUS OF THIS PROJECT IS INCLUSION

Through planned activities, the participants will learn the understanding of **inclusion of people with disabilities** and how it can be lived.

In small groups or individually, they will have the possibility to discover the everyday life in institutions and how their day is organised. The participants will be given the opportunity to assist the staff in their daily routines.

If you'd like a first overview of what the project looked like last year, have a look at the article ["Discover Luxembourg 3.0."](#)

IMPACT ON SOCIETY

The project offers a learning ground of **European cultures** to a young person or a group so that they can step back from everyday life, enjoy Luxembourg and take concrete actions.

The project is intending to give the opportunity to a team of young people to experience community life, team working and **solidarity** in the frame of a volunteering-team-activity in Luxembourg.

TASKS OF THE VOLUNTEERS

The first three days will be dedicated to an on-arrival training. During this training, the volunteers will get to know each other, as well as the supervisors.

The second and third week, the focus is on inclusion. The participants will have the chance to discover the life in diverse institutions where people with disabilities live, work and support the staff members on a daily basis. They will be divided in small groups or as an individual, so they can discover and get to know the people and the institutions.

After that week, volunteers are invited to plan and implement activities themselves.

During the 4 weeks, the participants will also have the time to discover our small country on their own.

WORK SCHEDULE

The schedule of the 4 weeks will be handed to the participants during the on-arrival training.

Weekends are **free** to explore on their own.



TASKS
& SCHEDULE



PROFILE

PARTICIPANT'S PROFILE

The participants must have a basic level of English and should be autonomous enough to live on their own for most of the time. They should be **open minded** and not have any fear of contact with different groups of people. Since the participants will be hosted in three different youth hostels, they should be flexible to move around a lot and make use of the free public transport.

Participants should be **motivated** to invest their time, knowledge and competences in the foreseen project. Plus, since the project offers a variety of different activities, they should be open to a different time schedule every week and contribute to the organization of the week by sharing their own ideas.

In short, the requested competences/skills : creativity, open to learn new things, **autonomy** and basic English skills.

ACCOMODATION & TRAVEL

ACCOMODATION

The volunteers will be lodged in three different Youth Hostels:

- YH Luxembourg
- YH Remerschen
- Youth Hostel Larochette

TRAVEL

The participants are supposed to self-organise and **pre-finance** their travel to the venue with the **support** of the sending organization. The individual budgets available will be determined by the rules of the ESC guide.

Travel costs will be reimbursed after the arrival in Luxembourg.

All volunteers and sending organisations are asked to make use, as far and as much as possible, of **environmentally friendly and sustainable travel options**: i.e. train, bus, car-sharing, Flights should only be an option in the absence of any other valid means of transport.





FOOD

Food will be provided and prepared together. On the free days, the participants will receive a food allowance.

POCKET MONEY

The pocket money will be paid at the beginning of the activity, in one single bank transfer to the volunteer's personal bank account.

CONTACT



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